

## Volume 17 - Issue 4, 2017 - I-I-I Blog

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Be positive

### What would you single out as a career highlight?

I was one of the initiators of the European Association for Cardiovascular Prevention and Rehabilitation (now the European Association of Preventive Cardiology) and I was the first president. I was co-founder and first editor in chief of the European Journal for Cardiovascular Prevention and Rehabilitation (now the European Journal of Preventive Cardiology). Another highlight was becoming official chair for acute and preventive cardiology at the First Moscow State Medical University, the largest medical university in Russia.

Published on : Tue, 19 Sep 2017