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## 13th World Congress on Design and Health



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The [13th World Congress on Design and Health](#), hosted by the International Academy for Design and Health, took place from April 11th to 14th, 2024, with partnership of Politecnico di Milano. The congress showcased groundbreaking scientific research on the connection between design and health, and the profound impact of the built environment on human well-being. In collaboration with Politecnico di Milano, renowned for its standing as one of the world's premier scientific universities, the congress delivered a resounding success. The inaugural day of the Congress was dedicated to Mentors and Mentees M2 networking, drawing together esteemed experts, scholars, and designers alongside Ph.D. candidates. This assembly represented a global, interdisciplinary community committed to advancing research at the intersection of design, health, science, and culture. The second day commenced with a welcome address by Dr. Emilio Faroldi, Vice Rector of Politecnico di Milano, emphasizing the imperative of interdisciplinary collaboration in driving innovation at the confluence of design and health. [Dr. Alan Dilani](#), President and Founder of the Academy for Design and Health, presented compelling scientific evidence on Salutogenic Design theory, followed by Dr. Stefano Capolongo's discourse on the Role of Architecture in promoting health across society, from urban landscapes to hospital infrastructures. The session was highlighted by the presentation of the Vertical Forest, or "Bosco Verticale," an iconic architectural marvel designed by Arch. Stefano Boeri, which has become a symbol of Milan. The subsequent session featured a keynote address by Dr. David Rakel of the USA, elucidating on the Science of Salutogenesis and Healthcare Delivery.

The Congress also featured the International Academy Awards Gala Dinner, honoring leaders in design and health, including Lifetime leadership Awards to Dr. John Zeisel and recognition of the architect Tye Farrow, with others for their exemplary contributions to the field. On the fourth day, participants embarked on study tours aligned with the Congress themes, exploring Urban Health initiatives, Hospital Design case studies, and Healthy Building exemplars. Reflecting on the Congress, attendees expressed profound inspiration and gratitude for the enriching experience. President Alan Dilani commended the leadership of Politecnico di Milano and announced the venue for the next Congress in Singapore, scheduled for October 28th to November 1st, 2025. We look forward see you in Singapore to explore into the forefront of Salutogenic science and its role in fostering a sustainable, healthy society.

**Source & Image Credit:** [Design & Health Academy](#)

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